

Body Fluids

- Human Body contains many types of fluids with different compositions and functions
- The important Body Fluids are:
 - 🜻 Blood
 - 🜻 Urine
 - 🌻 Saliva
 - 🌻 Milk
 - Cerebrospinal fluids
 - Veginal Fluids and Seminal fluids
 - 🕴 Aqueous humour



- Haemotolgy (Gk: haeme blood and logos study)
- The branch of science concerned with the study of blood, bloodforming tissues, and the disorders associated with them is called haematology.
- Human Blood is a type of fluid connective tissue, which helps to communications between Body Systems/organs/Tissues/Cells

BASIC PROPERTIES

- Amount: 8% of body weight (5-6L)
- Colour: Bright red in Artery and dark red in veins
- **pH:** Slightly alkaline (7.35-7.45)
- **Temp:** 38^o C (100.4 F)
- Viscosity: 3-4 times higher than Water





Plasma Constituents and their Function:

- Water: Absorb, transport and release heat and works as a media.
- Albumins: maintain plasma osmotic pressure and act as a carrier protein for various acidic drugs
- Globuline: Défense mechanism (Antibodies), transportation of some hormone (thyroglobulin, carries the thyroxine and transferrin)
- Clotting Factors (Fibrinogen): For blood coagulation
- Electrolyte: pH buffering, and regulate some basic physiology like
 - Na⁺ impulse generation
 - Ca²⁺⁻ muscle contraction
 - K⁺ Impulse conduction
 - Cl⁻ hyperpolarization
 - Mg²⁺ Stabilization
 - PO43-, HCO3- Acid base balanve (maintain blood pH 7.4)
- Nutrients: for energy, heat, repair and replacement



2. Blood Cells

A. Red Blood Cells (RBC; Erythrocytes)

- Major Function: Transportation of the Gases (O2 and CO2) between Lungs and Tissues
- Normal blood contains 13 15 g of Hb per 100 ml of blood (Hb: 13-15 g%)
- 1Hb contains **4 haem** unit + 4 globin chain
- 1 Haem unit contains 4 Fe2+
- 1 Fe2+ combines with 1 molecule of O2
- Each molecule of Hb carries four molecules of oxygen
- One RBC contains about **250-280 M** molecules of Hb
- 1 RBC carries: >1000 M molecules of O2

Blood 2. Blood Cells B. White Blood Cells (WBC; Leucocytes) Largest blood cells, 1% of Blood Cells ۲ They contains nuclei and Granules ۲ Shape: Amoeboid nucleated ۲ **Size:** 12 – 15 µm ۲ Colour: Colourless & translucent ۲ Count: 5000 - 10000 WBCs/µL ۲ Life Span- 10-13 days Production (Leukopoiesis): Adults: Liver, spleen, tonsils, bone marrow • Foetus: Liver & spleen Increase WBCs- Leucocytosis, Leukemia (Blood cancer) Decrease WBCs-Leucopenia



| Blood 2. Blood Cells B. White Blood Cells (WBC; Leucocytes) | | | | | | |
|---|--|--|---------------------------|--|--|--|
| Туре | Feature | Function | Location of production | | | |
| Neutrophils | Nucleus with 3-4 lobes Stain with neutral dye (hematoxylin) | Destroy bacteria, and others by phagocytosis Granules having lysozymes Chemotaxis | Bone Merrow | | | |
| Eosinophile | Nucleus with 2 lobes Stain with acidic dye (eosin) | Combat the effect of histamine in allergic reactions Eliminate worms Granules having toxic chemicals | Bone Merrow | | | |

2. Blood Cells

B. White Blood Cells (WBC; Leucocytes)

| Туре | Feature | Function | Location of production | |
|------------|---|--|---------------------------------|------|
| Basophil | Nucleus with indistinct lobes Stain with basic dye (methylene blue) | Granules Liberate heparin and histamine in allergic reactions to intensify inflammatory response | Bone Merrow | |
| Lymphocyte | Smallest of WBCs Large round nuclei | Produce antibodies | Bone marrow, spleen, tonsils | |
| | T-Lymphocytes: processed in thymus glands by thymosin hormone, which is responsible for fully specialized, mature and functional lymphocyte B-Lymphocyte: they are produced and processed in bone merrow | | | lary |

Blood 2. Blood Cells B. White Blood Cells (WBC; Leucocytes) Feature Function Туре Location of production Monocyte Largest of WBCs Ingest Bone Merrow • Large kidney microorganisms shaped nucleus Monocyte-Macrophages system Histiocyte (connective tissue), Synovial cells (Joints), Microglia (Brain), Kuffer cells (Liver), Langerhans cells (Skin)

- 2. Blood Cells
- C. Platelets (Thrombocyte)
- Shape: small circular biconvex non-nucleated disk
- Size: 2-4 µm (diamerter)
- Count: 1,50,000-4,00,000 platelets/µL
- Life Spanspleen) 5-9 days (destroyed by macrophades in spleen)
- Production (Thrombopoiesis): red bone merrow
- Increase Platelets- thrombocytosis
- Decrease Platelets- thrombocytopenia
- Functions: Blood clotting (Haemostasis)



Blood FUNCTION OF THE BLOOD Transportation Gas (b/w Lungs & tissues) 0 Nutrients (GIT to Tissues) ۹ Hormones (Glands to Tissue) ٠ Antibodies (to infective site) Heat (Active to Less active) Clotting Factors (to bleeding area) Medicines/Drugs As a vehicle for hormones, vitamins, minerals, pigments, etc. Water balance Acid base balance ۲ Temp regulation ۲ Excretion ۲ Body defense 0 Prevention of hemorrhage

