

# Autacoids Pharmacology



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# "AUTACOIDS"

"AUTA" = Self, "AKOS" - Healing or Remedy

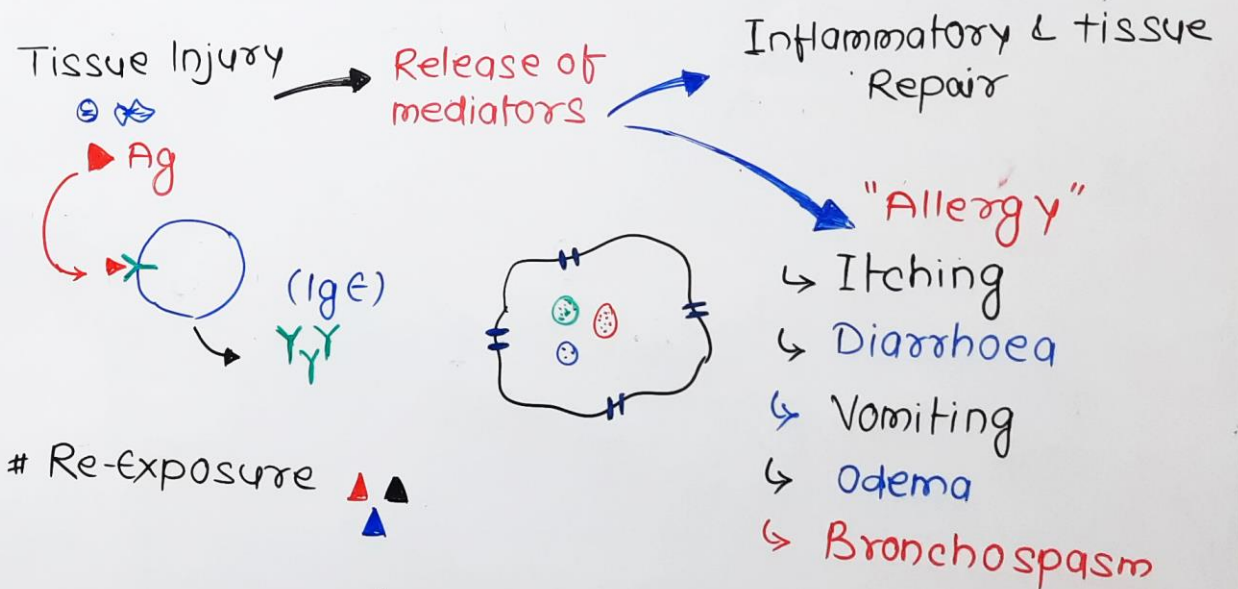
- # Autacoids are the endogenous biomolecules that are produced on demand, and act directly in tissues where they produce.
- # Also known as **Local Hormone** - acts locally at site of synthesis & release.
- # **Major Response** → ① Inflammatory Response  
② Immunological response  
③ **Neurotransmission in CNS**
- # They have also variety of physiological action

## CLASSIFICATION -

1. **Amines** - Histamine, Serotonin (5-HT)
2. **Lipids** → Eicosanoids (Prostaglandins, Thromboxane, Leukotrienes), Platelet Activating Factor
3. **Peptides** - Plasma kinins (Bradykinin, Kallidin), Angiotensins
4. **Others** - Cytokines (IL, TNF), Nitric oxide, Gastrin, Somatostatin, cholestokinin, Vasoactive intestinal peptides.

## INFLAMMATORY & IMMUNE RESPONSE

- # **Inflammation** - Self healing & repair process of living tissue  
↳ Sign → Rubor (Redness), Tumor (Swelling), Calor (Heat), Dolour (Pain), Functio laesa (Inability to function)

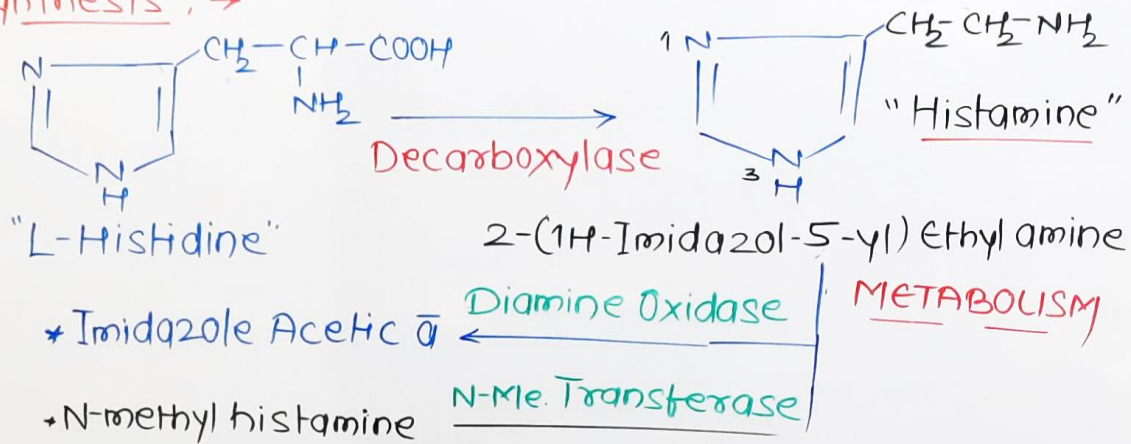




# "HISTAMINE"

- # **Histamine** (Tissue Amine) is an amine derivative "AUTACOIDS" found in animals, human, & plants (Stinging nettle)
- # First isolated by "Barger & Dale" in 1911 from Ergot and in 20<sup>th</sup> century "Dale" studied its "Allergic & Hypersensitivity reaction"

## BioSynthesis: →



**STORAGE** = # in storage granules of mast cells of skin, GI mucosa, Liver, Lungs & Placenta (+ Slow Turnover Cells)

# in non-mast cells (fast turnover) → neurons, epidermis, vascular endothelial cells

**RECEPTORS** → H<sub>1</sub> (G<sub>q</sub>PCR), H<sub>2</sub> (G<sub>s</sub>PCR), H<sub>3</sub> & H<sub>4</sub> (G<sub>i</sub>PCR)

# Classified into H<sub>1</sub> & H<sub>2</sub>R by "Ašch & Schild" in 1966

# Sir James Black (1972), → Burimamide (H<sub>2</sub>R blocker)

# 1983, H<sub>3</sub>R (Autoreceptor) - located in Brain

# **Bitahistine** (Hist. analogue) - Control Vertigo in "Meniere disease" due to vasodilatory effect in internal ear



## PHARMACOLOGICAL ACTION

### 1. H<sub>1</sub>R Mediated: →

- Smooth Muscles (Intestine, Uterus, Bronchi) → Contraction
- Blood Vessels → # Small - Dilation (NO-dependent)  
# Large - Constriction (IP<sub>3</sub>/Ca<sup>2+</sup>)

### \* ID inj - Triple Response

- 1) Flush (Red Spot) - Capillary dilation
- 2) Wheal - Secret<sup>n</sup> of fluid from capillary
- 3) Flare - Redness on surrounding area due to arteriole dilation

- Adherent nerve ending & Ganglia - Stimulation
- Adrenal medulla - release of CA<sub>s</sub> (NA, DA)
- Brain - neurotransmitter

### 2. H<sub>2</sub>R Mediated Action

- GI Glands → ↑ Acid Secretion
- Heart → (+) Chrono & (+) Inotropic effects
- Smooth mus. (BV, uterus) - dilation
- Brain → Neurotransmission

### 3. H<sub>3</sub>R Mediated Action - Auto-Receptor

- Brain - ↓ Histaminergic transmission - Sedation
- Lungs, skin, GI mucosa - ↓ Histamine release
- Intestine - ↓ Ach release
- BV - ↓ NA release - dilate

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Pharmacology Concepts  
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# ANTI-HISTAMINICS

→ H<sub>1</sub>R-Antagonist

## CLASSIFICATION OF Anti-Histaminics

### I. 1<sup>st</sup> Generation / Sedative

Highly Sedative - Diphenhydramine<sup>#</sup>  
Diphenhydramate, Promethazine<sup>#</sup>,  
Doxylamine<sup>#</sup>, Hydroxyzine

Moderate :- Phenaramine<sup>#</sup>, Cinnarzine<sup>#</sup>  
Cyproheptadine, Pyrilamine

Mild - Chlorphenaramine, Cyclizine,  
Betahistine

### II. 2<sup>nd</sup> Gen. / Non Sedative

\* Terfenadine, \* Astemizole, L-Cetirizine

\* Fexofenadine, Rupatidine  
(PAF Antagonist)

## PHARMACOLOGICAL Action

I) 1<sup>st</sup> Gen ⇒ 1. Anti-Allergic<sup>\*</sup>

→ ↓ Type I / Immediate Hypersensitive

→ used in - Asthma, Urticaria, Itching,  
Anaphylactic React<sup>n</sup>, Angioedema

2. CNS = Sedation<sup>\*</sup>

3. Anti Ach action = Centrally ⇒ Extrapyramidal Side effect

\* EPS = Parkinson like - Tremor, Akinisia,  
↓ motor co-ordination

# Anti-Emetic → ↓ motion sickness #

Peripheral - GI upset

4. Local Anaesthetic - Phenaramine - mem. stabilizer

5. Smooth mus - Relax

ADR - Sedat<sup>n</sup>, EPS, Fatigue

use<sup>#</sup> - Anti-emetic, Antiallergic

Cinnarzine, Betahistine - Anti-Vertigo

Cyproheptadine - ↓ 5HT → ↑ Hunger

II 2<sup>nd</sup> Gen :- No Sedat<sup>n</sup> & No-Anticholinergic Action

use - Anti-allergic, Cold & Cough,  
Pre anaesthetic, Anti-Vertigo

\* Terfenadine → Fexofenadine

↳ Torsades De point (Arrhythmia)

↳ block rectifying K<sup>+</sup> channel

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# SEROTONIN (5-HT) PHARMACOLOGY

Serotonin was identified in 1948, originated from platelets & found in blood serum as a potent "Vasoconstrictors"

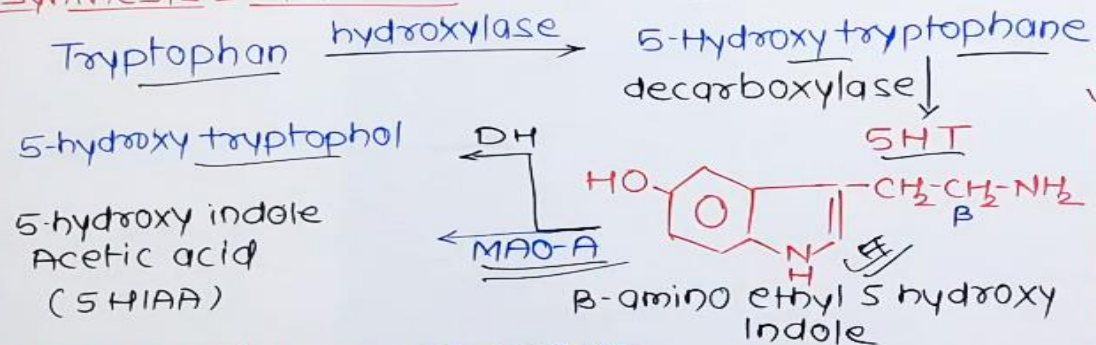
# Location - Gut mucosa - 90%, Enterochromaffin cell

"Vasoconstriction" ← Enteramine / SHT

↳ Rest are found in platelets & Brain

↳ In brain → Inhibitory Neurotransmitter

# Synthesis & Metabolism - GI & Brain



# SHT Receptor: - SHT<sub>1</sub> to SHT<sub>7</sub>

↳ Gaddum & Picarelli, (1954) classified SHT R, into Musculotropic (D Type) & Neurotropic (M type) based on their blockade by Dibenzyline and Morphine

↳ Later classified into various categories

# SHT<sub>1</sub> (1A, 1B, 1D) → GPCR → CNS(-), Behavioral, BV ✓

# SHT<sub>2</sub> (2A, 2B, 2C) - GqPCR → CNS(+), Smooth mus. platelet ✓

# SHT<sub>3</sub> → LGIC (Na<sup>+</sup> channel) - CNS(+), Emesis ✓

# SHT<sub>4</sub> → GsPCR → CNS(+), Prokinesis ✓

# PHARMACOLOGY

A. CVS - Heart - SHT<sub>2</sub> → (+) Inotropic & (+) chronotropic

↳ Intact Animal (Heart) - Bradycardia due to activation of chemoreflex (Bezold Jarisch Reflex) through actn on vagal → Bradycardia Hypotension and apnoea.

Artery - Large (constrict), Small (dilation, EDRA) - SHT<sub>2</sub>  
 \* BPC Triphasic) - ① sharp ↓ in BP (due to coronary chemoreflex)  
 ② Rise in BP - due to vasoconstriction & ↑ CO  
 ③ Prolonged Fall in BP - due to arteriolar dilation

B) Smooth muscles (SHT<sub>2</sub>) → stimulatory & constriction

↳ GIT, Bronchi, uterus

C) Glands → ↓ Gastric Secretn & ↑ mucus production - Protective

D) Respiration → stimulation & Hyperventilation

E) Platelet - SHT<sub>2A</sub> - Weak Aggregator

F) CNS - act as neurotransmitter, Behavioral effects

# PHYSIOLOGICAL ROLE ⇒ Neurotransmission, Precursor of melatonin, Neurohormonal control, Vomiting, Migraine, Raynaud's phenomenon, etc

# PHARMACOTHERAPY OF SHT MODULATORS

① Sumatriptan - SHT<sub>1D</sub> Agonist → ↓ Migrain

② Methylsergide - SHT<sub>1A/C</sub> Antag. - ↓ Migrain

③ Ondansetron - SHT<sub>3</sub> Antagonist - Antiemetic

④ Buspirone - SHT<sub>1A</sub> Agonist → Antianxiety

⑤ Cisapride - SHT<sub>4</sub> Agonist - Prokinetic / ↓ emesis

⑥ Ketanserin - SHT<sub>2A</sub> Antagonist - used in Hypertension & Raynauds phenameno

⑦ Fluvoxetin - SSRI - Antidepressant



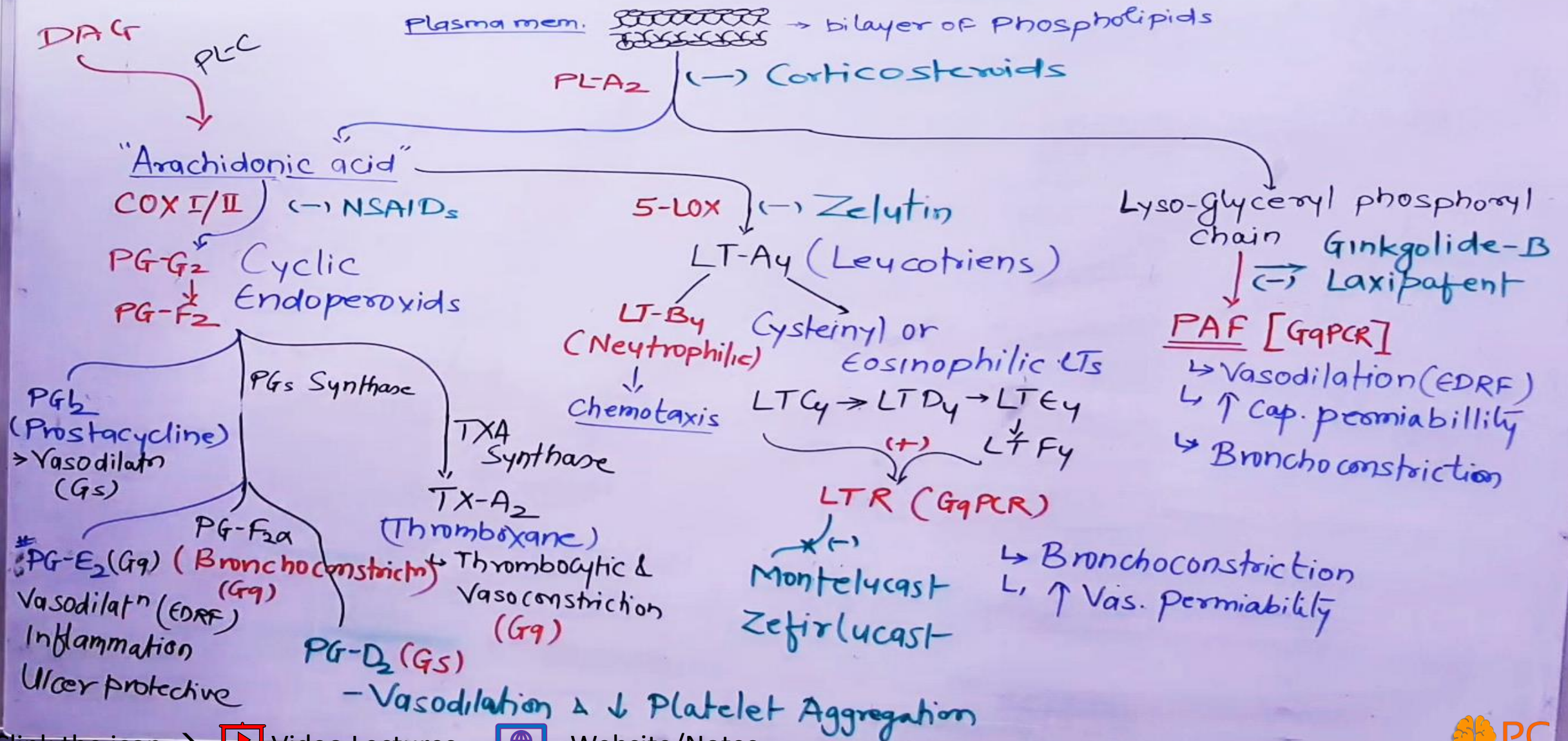
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# EICOSANOIDS AND PLATELET ACTIVATING FACTORS

Eicosanoids :- are the lipid derivative, which are generated from phospholipids or Polyunsaturated fatty acids (PUFAs) & produce Inflammatory Response

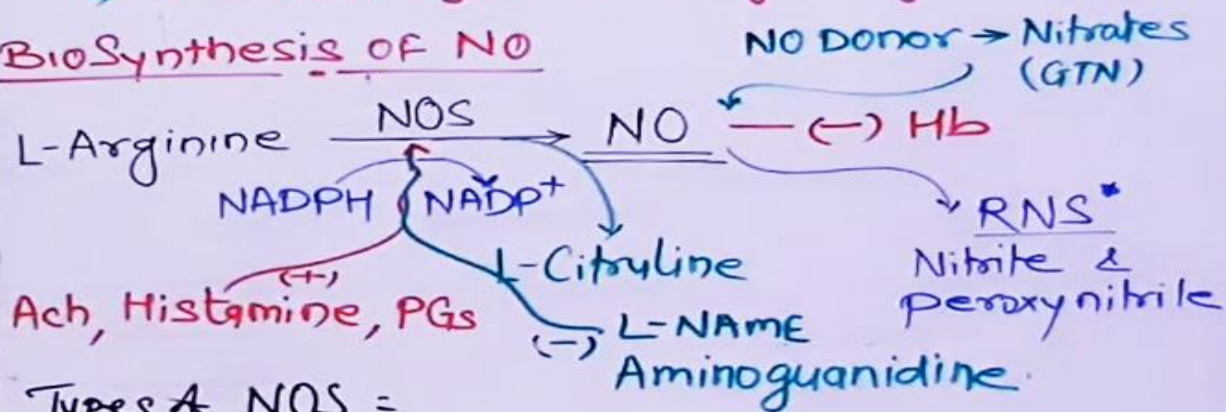




# NITRIC OXIDE (NO)

- Discovered in 1979 as a potent Vasodilator
- It is a Autacoids, And in the body it acts as a-
  - ↳ Paracrine Vasodilator
  - ↳ Neurotransmitter in CNS
  - ↳ Apoptosis
  - ↳ 2<sup>nd</sup> messenger in NO-Signalling pathway

## BioSynthesis OF NO



Types of NOS =

① NOS-I/n-NOS → Neuronal cells of CNS & PNS

↳ Activated by Ca<sup>2+</sup>-dependent Signalling

② NOS-II/i-Nos = Inducible Nos

- +nt on most Nucleated cells & Macrophages
- Activated by Inflammatory mole. (ck, IL)
- Inflammatory & Oxidative Stress

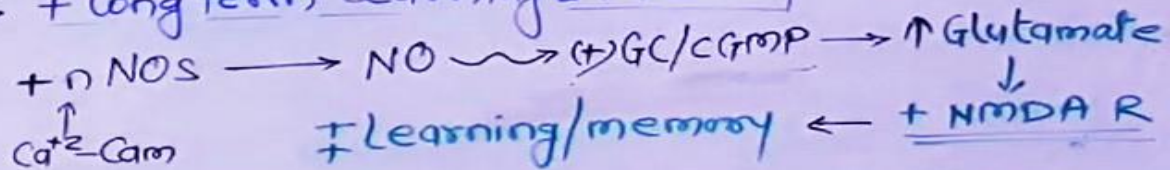
③ NOS-III/eNOS - Endothelial Nos

- +nt Vas. endothelial cell
- Ca<sup>2+</sup>-dependent Activation

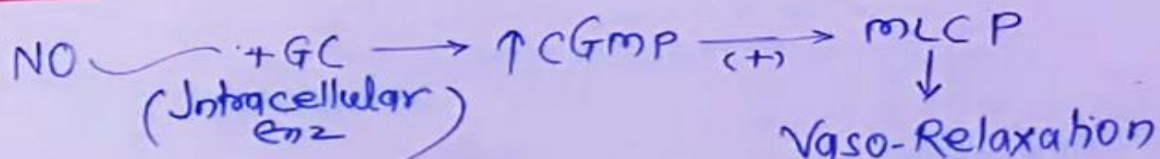
## PHYSIOLOGICAL ROLE -

CNS - Neurotransmitter

→ + long term Learning & memory



CVS: → Potent Vasodilator = ↓↓ BP



→ Helps to Gas exchange b/w Haemoglobin & Cell

Smooth mys - Relaxant effect

Immune System -

Inflammation  $\xrightarrow{(+)}$  WBC/macrophages  $\xrightarrow{(+)}$  iNOS  $\rightarrow$  NO

↓ Bac. Infection

Nitroso/Oxidative Stress

Inflammation  $\rightarrow$  iNOS  $\rightarrow$  ↑↑ NO  $\rightarrow$  RNS\* (Free Radical)

"Oxidative Damages of Cell. Proteins, lipids, & Nucleic Acid"



# VASOACTIVE PEPTIDES r 36 AA

→ Peptides which directly affect the vasculature tonicity

Vasoconstrictors	Vasodilators
<ul style="list-style-type: none"> <li># Angiotensin-II</li> <li># Vasopressin (AVP, ADH)</li> <li># Endothelins (ET)</li> <li># Neuropeptide-γ (NPY)</li> <li># Urotensin</li> </ul>	<ul style="list-style-type: none"> <li># Bradykinin &amp; kallidin</li> <li># Natriuretic peptide (ANP &amp; BNP)</li> <li># Vasoactive intestinal peptide (VIP)</li> <li># Substance-P</li> <li># Calcitonin gene related peptide (CGRP)</li> <li># Adrenomedullin</li> </ul>

## "VASOCONSTRICTORS"

Ang-II → (+) AT<sub>1</sub>R → GqPCR → Vasoconstriction  
 Peripheral Edema  
 CVS Remodeling  
 (+) Sympathetic outflow

Endothelins → ET<sub>1</sub>, ET<sub>2</sub> & ET<sub>3</sub>  
 21AA  
 ↳ ETA - Vasoconstriction

Vasopressin → (+) V<sub>1</sub>R (GqPCR) - Constriction

Neuropeptide-γ → Co-transmitter with NA, DA, 5HT, GABA  
 ↳ Y<sub>1</sub>, Y<sub>2</sub>, Y<sub>5</sub>R ↳ Y<sub>1</sub>R (GqPCR) → Vasoconstriction

Urotensin II → UTR → Constriction  
 ↳ 11 AA "VASODILATORS"

Kinins → B<sub>2</sub>R → ↑ NO → Vasodilation

Natriuretic peptide → NP-R (GC-Enz linked Receptor)  
 (ANP, BNP, CNP)  
 ↓  
 cGMP - Vasodilation

↳ 28 AA  
VIP → Co-transmitter with Ach  
 ↳ VPAC<sub>1</sub> & VPAC<sub>2</sub>R → GsPCR → Vasodilation

Sub-P → NK<sub>1</sub>, NK<sub>2</sub>, NK<sub>3</sub>R - GqPCR - NO ↑ ↑

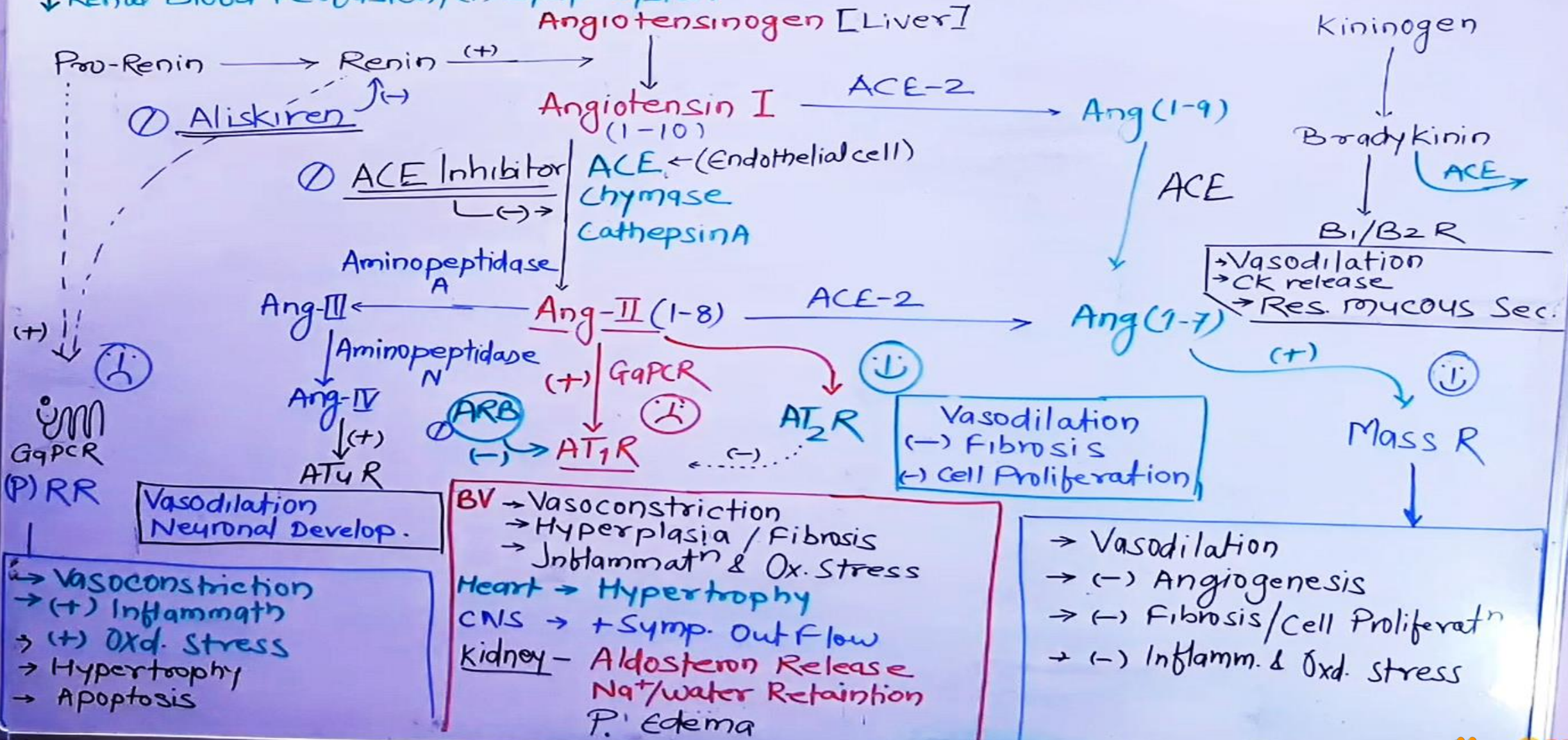
CGRP → Calcitonin Receptor like Receptor (CLR) GsPCR

Adrenomedullin - NO-mediated Vasodilation



# RENIN ANGIOTENSIN ALDOSTERON SYSTEM (RAAS/RAS)

RAAS - Regulates BP, Electrolyte & Fluid homeostasis, And Inflammatory & OxD. Stress  
 ↓ Renal Blood Perfusion / (+) Symp. System

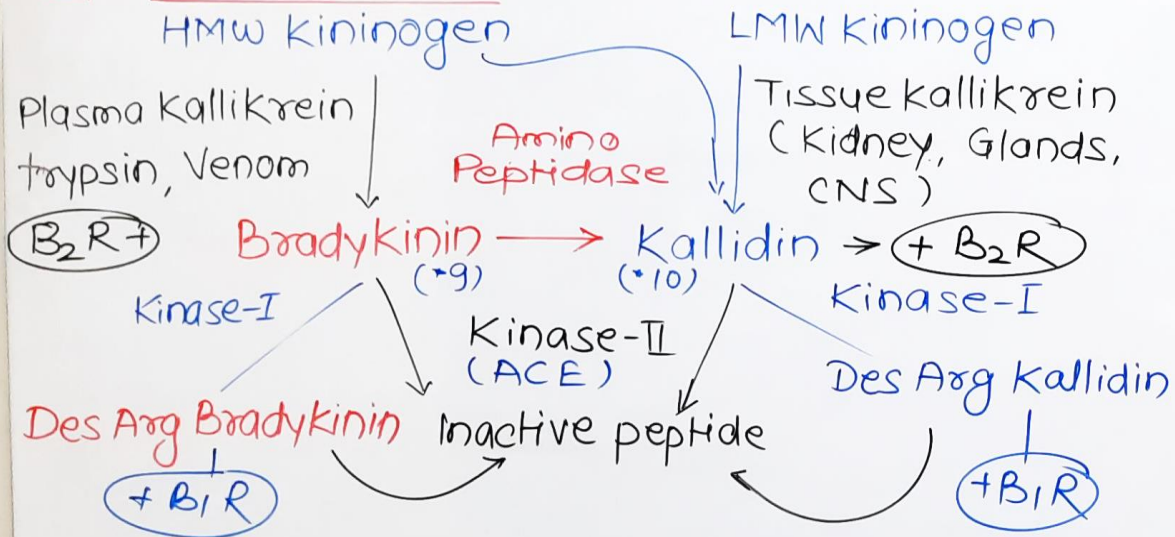




# BRADYKININ AND KALLIDIN

- ↳ Vasodilatory plasma kinin (Polypeptide), which are discovered in about 1950s.
- ↳ Kinins are generated by proteolytic react<sup>n</sup> triggered by tissue injury, inflammation, allergy, etc

## # Synthesis & Metabolism



## # Biological Action ⇒

- A) Blood Vessels = More potent Vasodilatory (Arterioles) action than Ach & Histamine through NO-mediated action. In other hand, large arteries & veins are constricted through direct (GαPCR) action.
- ↳ ID injection caused wheel & flare (Similar to hist.)
  - ↳ ↑ vascular permeability, "Reflux action on heart"

(B) Smooth muscle - Contraction of intestine, uterus, and broncho-airway, but not prominent.

C) Neurons - stimulate nociceptive afferent neuron  
→ Acute pain, burning sensat<sup>n</sup>. inj to brain cause release of CAs

D) Kidney - ↑ Renal blood flow & excret<sup>n</sup> of Na<sup>+</sup>/water

## # Pathophysiological Role ⇒

- ↳ Inflammatory Response - + B<sub>1</sub>R (Macrophage) - IL, TNFα
- ↳ Nociception (Mediation of pain)
- ↳ Functional hyperemia (In gland during secretion)
- ↳ Hereditary Angioedema - ↑ Leve<sup>x</sup>
- ↳ Renin-Angiotensin-System

## = Antagonist - Icatibant

- ↳ Decapeptide B<sub>2</sub>R antagonist resistant to kinin degrading enzyme.
- ↳ Used in Hereditary Angioedema to reduce swelling and other symptoms.



# SUBSTANCE-P

- ↳ A intestinal smooth muscle constrictor detected in several tissues by Von Euler and Gaddum in 1931 & named Substance-P.
- ↳ Made up of 11 amino acid neuropeptide distributed widely in brain, spinal cord, peripheral sensory nerve, enteric nervous system, blood vessels & skin.

↳ Neurokinin-A & Neurokinin-B (decapeptide) → (Tachykinin) → Constrictor

# Synthesis: Preprotachykinin → Sub-P, NKA, NKB  
Inflammation & pain ← neuromodulators

# Biological Action ⇒

Tachykinin → (+) NK<sub>1</sub>, NK<sub>2</sub>, & NK<sub>3</sub> Receptor (GqPCR)

↳ Substance-P → ++ NK<sub>1</sub>R

- ↳ Smooth muscle contraction
- ↳ Glandular secretion
- ↳ No release
- ↳ Cell proliferation
- ↳ production of afferent impulse
- ↳ Vasodilation through action of Nitric oxide (NO)

# Biological Role -

- ↳ Arteriodilator (↓ BP) & ↑ vascular permeability
- ↳ veins & other smooth muscle - constriction
- ↳ Kidney → Natriuretic & Diuretic effects
- # Brain → involved in mood, behaviour, anxiety, stress, depression, reinforcement, nociception, etc.
- ↳ CTZ - NK<sub>1</sub>R & 5HT<sub>3</sub> ⇒ Vomiting in response to noxious stimuli
- ↳ Sub-P - involves in pain perception & inflammatory response.
- ↳ Sub-P → + Cytokines → Inflammation, cell proliferation, growth, angiogenesis → Tumors

## Substance-P Antagonist

- \* Aprepitant (Fosaprepitant) → adjuvant antiemetic for cancer chemotherapy
- \* May useful in anxiety, depression, stress condition, inflammatory bowel disease, arthritis, cancer, etc.